

**HOLLAND WELLNESS COUNSELING SERVICES**

Today's Date: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

May we leave a message at these numbers? Yes \_\_\_\_ No \_\_\_\_

E-mail: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Marital Status: Single Married Separated Divorced Widowed

Spouse's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Years married: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Person responsible for bill: \_\_\_\_\_

Person to contact in case of an emergency: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone number: \_\_\_\_\_

Who referred you? \_\_\_\_\_

Family physician: \_\_\_\_\_ Phone: \_\_\_\_\_

May I contact this physician to discuss your treatment? Yes \_\_\_\_ No \_\_\_\_

Are you currently taking prescription medications at this time? Yes \_\_\_\_ No \_\_\_\_

If yes, what type, for what purpose, and who prescribed the medications?

Do you have children? Yes \_\_\_\_ No \_\_\_\_ If yes, how many? \_\_\_\_\_

Name	Age	Biological/Step/Adoptive
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_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Has anyone in your family had counseling before? If so, what for?

\_\_\_\_\_

Is there any history of drug/alcohol abuse with father, mother, siblings, or extended family?

Yes \_\_\_\_ No \_\_\_\_

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

Is there family history of sexual abuse? Yes \_\_\_\_ No \_\_\_\_

Do you use alcohol and/or drugs? Yes \_\_\_\_ No \_\_\_\_

If yes, please describe frequency and type: \_\_\_\_\_

\_\_\_\_\_

Are you currently using any type of psychiatric medications? (Includes ADD/ADHD medications, Anti-depressants, Anxiety medications) If yes, who prescribed them, and what are the doses and frequency of use.

\_\_\_\_\_

\_\_\_\_\_

Have you ever had counseling? Yes \_\_\_ No \_\_\_ if yes, please describe why counseling was sought and who was your therapist and/or doctor?

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Please describe any major changes that have occurred in your life or your family's lives in the past few years (i.e., hurricanes, moves, changes in number of family members, marital status, income, employment, death of a loved one, etc.)

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Please list any major or chronic health problems for which you are currently receiving treatment:

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What brings you into counseling?

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What do you hope to accomplish through counseling?

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